

*St Mary's Catholic Church, Monmouth*  
and  
*St Mary & St Michael, Llanarth*

*(Parishes of the Archdiocese of Cardiff. Registered No: 242380)*

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*3<sup>rd</sup> Sunday in Ordinary Time*

*23<sup>rd</sup>/24<sup>th</sup> January 2010*

*Silence purifies. It restores us to our true nature and reverses the counter-currents of the unnatural. Reappropriating our true nature in meditation means that by meditating we learn to meet the basic needs of our nature. By 'meeting our needs', I mean both senses of meeting – firstly, encountering them, then fulfilling them. We cannot fulfil them until we have fully faced and accepted them; until we can recognise our needs without feelings of guilt or self-rejection. These are human needs like wholeness, happiness and peace. They are not abstractions. And they are not desires. In silence they become known and accepted as real processes in our own nature. John Main said that meditation helps us to verify the truths of our faith. In the great discernment between needs and desires which silence brings us to, we are restored to a direct and harmonious relationship, a non-duality, with ourselves. The only victim of this is the phantom of our imagined self and its fears and illusions.*

*Web of Silence*

*Lawrence Freeman*

## Collections for weekending 16<sup>th</sup>/17th January

CHURCH	Gift Aid	Loose	Dev/Res.Fund	Legacy	Church His	Haiti
Monmouth	£208.50	<b>£165.57</b>	<b>£15.00</b>	<b>£2,000.00</b>	<b>£9.50</b>	<b>£970.16</b>
Llanarth	-	<b>£186.90</b>	<b>£99.00</b>	-	-	<b>£614.57</b>

### Christianity Explored

An introductory presentation being held at Monmouth Priory, 7.00pm-8.30pm on Monday 25<sup>th</sup> January 2010 and everyone is welcome. For further information please telephone Mike on 01600 715689 or go on the Christianity Explored website: [www.christianityexplored.org](http://www.christianityexplored.org).

### CAFOD

A letter has been received from CAFOD thanking everyone at Monmouth & Llanarth for their most generous donations, taken for Harvest Fast Day 2009, which amounted to £618.52.

### The Sacraments of 1<sup>st</sup> Communion & Reconciliation and Confirmation

We hope to begin preparation for the sacraments in February. Those who are eligible and their parents are invited to a (**very**) brief meeting after Mass at both Monmouth and Llanarth on Sunday 31<sup>st</sup> January.

### 100 Club 2010

Annual subscriptions are now due. Would those existing members not paying by standing order please pay £12 per number before the 1st draw on 7th March. Cash or cheque made payable to St Mary's 100 club to Fr. Nick or Geoff Quinn. If you do not wish to continue membership please let us know a.s.a.p. We currently have four spare numbers so if anyone would like to join or take extra numbers we would love to hear from you. The cost is £12 p.a. for a chance to win prizes of £100 and 2x£25, four times per year - £600 per year goes to church funds (if all 100 numbers are sold). Contact Geoff Quinn. Thanks so much for your continued support.

### After Mass Coffee Mornings

We can re-start in February, now that we have the new Parish Rooms. We need new Hosts/Hostesses for the First Sunday of each month. Younger and newer parishioners will be especially welcome - no upper or lower age limits - lack of experience no bar. Help will be freely given. Have Courage! Please Volunteer and sign the list on the back table in church. S & F Committee.

Date	Eucharistic Minister	Reader	Welcomer
Sat. 23 <sup>rd</sup> January Sun. 24 <sup>th</sup> January	Mrs Anne Dunne Mrs Frances Cloud	Miss Frances Keyton Mr Patrick Vaughan	Mr & Mrs M. Keyton Mrs Juliet Sweeting
Sat. 30 <sup>th</sup> January Sun. 31 <sup>st</sup> January	Volunteer Please Mr Brian Cookson	Mrs Fay McGrath Mrs Lesley Vessey	Mrs Elizabeth Allcock Volunteer Please

## ***Blessing of the Community Room***

*On Thursday 11<sup>th</sup> February, Archbishop Peter Smith will celebrate Mass with us at 7.00pm and bless the new community room. This will mark the culmination of our building project. The past year has been full of upheaval and outward change, but it has also been a wonderful experience of co-operation and unselfishness. Our Mass with the Archbishop will be a fitting prayer of thanks for that and also the beginning of a new phase in our life together.*

### **WANTED: Saturday and Sunday Readers and Eucharistic Ministers**

The current rotas for these important ministries expire at the end of February. Current volunteers will be automatically included in the new lists unless they advise otherwise. New volunteers for the Eucharistic Ministry will be subject to commissioning by Fr. Nicholas. Commissioning is conducted annually on Maundy Thursday or by arrangement. Please note or amend, and new volunteers add, their details to one of the lists now placed at the back of church. We especially need more Readers and Eucharistic Ministers for Saturday Mass please!

### **Uganda News**

The congregation at St James's, Namutumba send us their New Year greetings and always remember us in their prayers. Bit by bit they are building a house for a priest next to the church, under the supervision of Fr Kanyankole, who visited us last August. Veronica Wignall, Margaret Kelly's granddaughter, is due to arrive at Fr Kanyankole's parish centre on Monday to work as a volunteer teacher for a few months. Kath Hesketh has just sent a big cheque to the SOCADIDO goat project and will soon be visiting the project. Kath and Frances David are due to leave for Uganda on 2nd February.

**SVP Meeting:** after morning Mass on Monday 25th January ~ in **The Parish Room!**

### **SVP Appeal**

Has anyone a freezer (no larger than five feet high) they do not require. We have had a request from someone who would be most grateful to have one. Many thanks.

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## *Llanarth News*

**Parish Social Event** – Saturday 6<sup>th</sup> February at Llanarth Village Hall. Please make a note in your diary. Further details to follow.

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Please remember in your prayers Edith Badham and Alison Potts and all the members of our parish who are sick. Remember also those whose anniversaries occur about this time.

## *Mass Times for Week 23<sup>rd</sup> to 31<sup>st</sup> January 2010*

<i>Sat.</i>	<i>23<sup>rd</sup> Jan</i>	<i>6.00pm</i>	<i>Mass – Philip Allcock/Helen Serridge</i>	<i>Monmouth</i>
<i>Sun</i>	<i>24<sup>th</sup> Jan</i>	<i>9.15am</i>	<i>Mass – Special Intention</i>	<i>Monmouth</i>
		<i>11.00am</i>	<i>Mass – People of the Parish</i>	<i>Llanarth</i>
<i>Mon</i>	<i>25<sup>th</sup> Jan</i>	<i>9.15am</i>	<i>Mass – Cawthorne Intention The Conversion of St. Paul</i>	<i>Monmouth</i>
<i>Tue.</i>	<i>26<sup>th</sup> Jan</i>	<i>11.00am</i>	<i>Mass – Beryl Kelly (Requiem) Ss Timothy and Titus</i>	<i>Monmouth</i>
<i>Wed.</i>	<i>27<sup>th</sup> Jan</i>	<i>10.30am</i>	<i>Mass – Damian Blakemore</i>	<i>Llanarth</i>
<i>Thur.</i>	<i>28<sup>th</sup> Jan</i>	<i>9.15am</i>	<i>Mass – Anne-Marie Bourdon St. Thomas Aquinas</i>	<i>Monmouth</i>
<i>Fri</i>	<i>29<sup>th</sup> Jan</i>	<i>9.15am</i>	<i>Mass – Edith Badham’s Welfare</i>	<i>Monmouth</i>
<i>Sat.</i>	<i>30<sup>th</sup> Jan</i>	<i>10.30am</i>	<i>Mass – Holy Souls</i>	<i>Monmouth</i>
<i>4<sup>th</sup> Sunday of the Year</i>				
<i>Sat.</i>	<i>30<sup>th</sup> Jan</i>	<i>6.00pm</i>	<i>Mass – John Coleman</i>	<i>Monmouth</i>
<i>Sun.</i>	<i>31<sup>st</sup> Jan</i>	<i>9.15pm</i>	<i>Mass – Liz Nicholls</i>	<i>Monmouth</i>
		<i>11.00am</i>	<i>Mass – People of the Parish</i>	<i>Llanarth</i>

**Newsletter Item:** Please contact Pat Munday **by mid-day Thursday at the latest** for any items to be included.